

## Internship Reflection Paper

Your reflection paper should be a well-crafted and thoughtfully written critical analysis of your internship experience.

- Required length: **750-800**
- Due to the Career Center: (Deadline determined at beginning of each semester)
- Can be turned in to Career Center or by email to [rbrowner@cia.edu](mailto:rbrowner@cia.edu)

Student Name:	Semester and Year of internship:
Faculty Sponsor:	
Internship Site:	Internship Supervisor:

Attach your reflection paper to this form and submit it to the Career Center by the due date. Your opinions will be considered when recommending sites to future students. Your faculty sponsor will assign you a pass/fail grade for the internship based on your supervisor's evaluation of you along with your reflection paper.

Assess the overall quality of the internship. How valuable did you think it was and why?  
Please rate using this scale and elaborate in your reflection paper.

1. Very Valuable
2. Somewhat Valuable
3. Neutral
4. Not very valuable
5. Not valuable at all

**The reflection paper should address, but does not need to be limited to, the following:**

- Describe your activities at the internship.
- The relationship between your internship work and your studio work.
- What you learned through your internship and how it was of value to your academic and career goals.
- A description of the most important assignment(s) and why they were significant.
- What surprised you about the internship, if anything.
- Whether the internship has changed your perception of what you want to do.

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- The opportunities provided to you to network, collaborate and learn new skills during this internship.
- A description of the top three skills you developed during your internship. How do the knowledge/skills you developed relate to your major and overall goals?
- In what way did the internship meet your expectations?
- Do you feel the knowledge/skills you have gained were only attainable outside the classroom?
- Is there any way in which the internship could be improved?
- Would you recommend this internship to another student? Why or Why not?

X

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Faculty Sponsor Signature

Date

## Career Center

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